

RANA DIMMIG, MSS, MLSP, LSW

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610-427-0619 (A NEW DAWN FAMILY SOLUTIONS, BOYERTOWN, PA)

610-861-8779 (KATHLEEN COUGHLIN, LSW & ASSOCIATES, BETHLEHEM, PA)

EDUCATION

Institution	Degree	Discipline	Date
Bryn Mawr College	MSS	Clinical Social Work	May 16, 2005
	MLSP	Law and Social Policy	May 16, 2005
Juniata College	BSW	Social Work	May 12, 1996
Southern Lehigh	Diploma	Academic	June 19, 1993
Woodstock School (India)	N/A	Academic	10 th Grade

CERTIFICATION/LICENSURE

Certification/License	State	Date
Introduction to the Treatment of Trauma	PA	March 16, 2007
Licensed Social Worker, ID # SW125268	PA	May 1, 2006

EMPLOYMENT

Dates	Position, Employer and Responsibilities
August 2015 -present	Therapist Kathleen Coughlin, LSW and Associates, Bethlehem, Pennsylvania

- Provide individual and family therapy in an outpatient setting
- Use a variety of modalities to meet treatment goals and objectives as determined in conjunction with clients

March 2012 -present	Therapist (Private Practice) A New Dawn Family Solutions, LLC, Boyertown, Pennsylvania
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- Provide co-parent counseling, individual and family therapy, reunification counseling, and therapeutic supervised visitation.
- Deliver periodic reports and court testimony as required by court order or subpoena

March 2012 -August 2015	Clinical Supervisor and Psychotherapist Lehigh Valley Community Mental Health Centers, Easton, Pennsylvania
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- Outpatient individual and family therapist working primarily with chronically mentally ill patients.
- Supervised a team of ten therapists

- May 2006 Clinical Therapist
– January 2012 Concern Counseling Services, Fleetwood, Pennsylvania
- Outpatient individual and family therapist.
 - Developed individualized treatment plans with clients and assisted clients in meeting their treatment goals and objectives using a variety of treatment modalities.

- March 2005 Family Advocate
– October 2009 Child Advocacy Center of Lehigh County, Allentown, Pennsylvania
- Served as point-of-contact for children and their families referred by Lehigh County Children and Youth and local police departments after allegations of abuse.
 - Provided supportive services to non-offending caregivers and families.
 - Provided advocacy for families with area services, schools, and systems.
 - Assisted families with completion of applications and petitions.
 - Accompanied families to court hearings, provider and school meetings, and various appointments.
 - Educated families about available resources and appeal processes.
 - Developed materials to be distributed to area professionals and families about the Child Advocacy Center.
 - Created and maintained database for cases reviewed by the Child Advocacy Center multidisciplinary team.
 - Served as member of various committees aimed at identifying new resources, funding sources, service gaps, and improving access to services available in the community.
 - Participated in multidisciplinary case review, treatment planning, and case closing meetings.

- September 2004 Custody Intern/Legal Secretary
-May 2005 County of Lehigh, Custody Office, Allentown, Pennsylvania
- Coordinated, scheduled, and tracked child custody mediation.
 - Created and implemented survey evaluating mediation process and delivery within the Lehigh County Custody Office.
 - Created tracking database.
 - Identified areas of need and implemented solutions with support from Family Court Administrator and office staff.

- July 2002 Mental Health Worker
-September 2004 Family Based Mental Health Services Program, Southwestern
 Human Services/The Mentor Network, Wescosville, Pennsylvania
- Provided individual and team-based family therapy to children and adolescents at risk for out-of-home placement.

- Utilized a variety of therapeutic techniques and models to assist families with identified goals.
- Provided psychoeducation to families with regard to abuse prevention, mental health treatment and issues, psychotropic medication monitoring, probation expectations, court processes, and basic parenting skills.

October 2001 Assistant Treatment Team Supervisor
 -July 2002 KidsPeace National Centers, Orefield, Pennsylvania

- Provided guidance, assistance, and counseling to adolescent boys in the transitional living program as they progressed from residential placement to community living, independent living, or on their return home.
- Supervised staff.
- Facilitated Independent Living and Problem Specific Groups.
- Developed and encouraged volunteer activities with a variety of agencies.
- Developed and managed prevention/education program for clients drawing on area agencies and programs.
- Tasks also included: milieu management; multi-disciplinary meetings; collaboration, communication, and advocacy with relevant systems; medication management; and supervision of recreational activities.

September 1998 Child Advocate
 -October 2001 Crime Victims Council of the Lehigh Valley, Allentown, Pennsylvania

- Provided individual counseling and twenty-four-hour crisis support to children and adolescents victimized by sexual abuse, sexual assault, homicide, and other crimes.
- Developed curricula for, coordinated, and facilitated child, pre-adolescent, and teen sexual assault/abuse support groups.
- Accompanied victims through hospital rape examinations, police interviews, and court hearings as needed.
- Developed referral list, paperwork, department manuals, and worksheet files.
- Wrote and supervised publication of coloring book for children going to court.
- Researched and selected therapeutic toys, books, and games during development of new children's room.

February 1997 Therapeutic Staff Support
 -October 1999 Visiting Nurses Northeast, Allentown, Pennsylvania

- Provided home and community based counseling services to children and their families.
- Responsibilities included: the development, implementation, and review of treatment plans, biopsychosocial histories, and discharge summaries; communication with

treatment team members and community systems involved in treatment; and the completion of daily paperwork.

January 1996 Childcare Counselor II/Intern
-November 1996 KidsPeace National Centers, Orefield, Pennsylvania

- Worked in various capacities in residential program for adolescent male sex offenders.
- Tasks included: individual and group counseling, writing treatment plans and diagnostic summaries, updating counties, communicating with families, attending multi-disciplinary meetings and staff development in-services, monitoring adolescents, and planning activities.

May 1995 Resident Advisor
-October 1996 Human Services Consultants, Allentown, Pennsylvania

- Worked in various community living homes assisting developmentally disabled men and women with daily living skills and developmental issues.
- Other duties included: medication, daily logs, planning activities, cooking, and cleaning.

VOLUNTEER/INTERN EXPERIENCE

Facility, Position, and Dates

- St. Michael Evangelical Lutheran Church of the Nativity ~ Current Safe Sanctuary Coordinator, past Nursery Coordinator, assist with youth activities, member of bell choir (2006-present)
- Custody Office, Lehigh County Court of Common Pleas ~ Interned as legal secretary and assisted in coordination of mediation program, conducted research study on perceived success of mediation by litigants (2004-2005)
- The MENTOR Network ~ Interned as Clinical Coordinator providing individual and group counseling to children (2003-2004)
- Crime Victims Council of the Lehigh Valley, Inc. ~ Rally Through the Valley & Rose Sale (2001-2003)
- Child Advocacy Center of Lehigh County ~ Case Review Team Member & Protocol Planning (1998-2001)
- Project Child ~ Member (1998-2001)
- Northampton County Children and Youth Multi-Disciplinary Team ~ Member (1998-2001)
- Juniata College Bridge Project ~ Co-coordinator; raised funds and items for new Transitional Housing Project (1996)
- Bellefonte Youth Center ~ Provided supervision for children at center (1995)

- Youth Forestry Camp #3 ~ Provided counseling and supervision of children in program (1995)
- Head Start ~ Classroom supervision (1994)
- Bear Creek Camp ~ Junior Counselor (1992)

RELEVANT TRAINING

Date	Title and Presenter
February 28, 2015	"Understanding Malpractice Risk: What Social Workers Can Do" ~ National Association of Social Workers
February 28, 2015	"Understanding the NASW Code of Ethics" ~ National Association of Social Workers
February 28, 2015	"An Advanced Course in Ethics and Malpractice Risk for Social Workers" ~ National Association of Social Workers
February 28, 2015	"Understanding HIV/AIDS: The Social Worker's Role" ~ National Association of Social Workers
February 28, 2015	"Community Resources for the Military and Veteran Population" ~ National Association of Social Workers
February 28, 2015	"Self-Disclosure and its Impact on Individuals Who Receive Mental Health Services" ~ CE-credit.com
February 28, 2015	"Understanding Adolescent Health: The Social Worker's Role" ~ National Association of Social Workers
February 14, 2015	"Values, Morals, and Ethics: Challenging Choices for SW & Internet Ethics: Social Media and your License" ~ National Association of Social Workers Pennsylvania Chapter
January 31, 2015	"Social Work Supervision: Ethical Complexities in the Use of Parallel Process" ~ National Association of Social Workers Pennsylvania Chapter
January 31, 2015	"Values, Morals, and Ethics: Challenging Choices for Social Workers" ~ National Association of Social Workers Pennsylvania Chapter
January 31, 2015	"Act 31 - Child Abuse Recognition and Reporting Training for Mandated Reporters" ~ National Association of Social Workers Pennsylvania Chapter
February 28, 2013	"Establishing and Maintaining a Therapeutic Alliance with Substance Abusing Patients: A Cognitive Therapy Approach" ~ CE-credit.com
February 28, 2013	"Substance Abuse Treatment for Persons with Co-Occurring Disorders: KAP Keys Based Tip 42" ~ U.S. Department of Health and Human Services ~ CE-credit.com

February 27, 2013 "Anger Management for Substance Abuse and Mental Health Clients: A Cognitive Behavioral Therapy Manual" ~ U.S. Department of Health and Human Services ~ CE-credit.com

February 26, 2013 "Guidelines for Child Custody Evaluations in Family Law Proceedings" ~ American Psychological Association Counsel of Representatives ~ CE-credit.com

February 26, 2013 "The Importance of Fathers in the Healthy Development of Children" ~ U.S. Department of Health and Human Services ~ CE-credit.com

February 25, 2013 "Legal and Ethical Issues in Couple Therapy" ~ Clinical Handbook of Clinical Therapy ~ CE-credit.com

January 26, 2013 "Bridges out of Poverty," "DSM I to DSM 5: Its Evolution and Fit with Social Work," "Developing the Professional Self: A View from the Code of Ethics" ~ National Association of Social Workers Pennsylvania Chapter

January 18, 2013 "Current Drug Trends: K2, Spice, 'Bath Salts,' and Others" ~ Bucks County Drug and Alcohol Commission, Inc. and National Association of Social Workers Pennsylvania Chapter

February 25, 2011 "Minding the Body, Mending the Mind: The Mind/Body Connection and Integrative Approaches to Emotional and Physical Wellness" ~ U.S. Journal Training, Inc.

February 24, 2011 "CTG Web: A Web-Based Learning Course for Using Trauma-Focused Cognitive-Behavioral Therapy with Childhood Traumatic Grief" ~ Medical University of South Carolina

February 22, 2011 "TF-CBT Web: A Web-Based Learning Course for Trauma-Focused Cognitive-Behavioral Therapy" ~ Medical University of South Carolina

February 10, 2011 "Identifying Problem Gambling" ~ Sands Casino Resort Bethlehem & National Association of Social Workers Pennsylvania Chapter

January 22, 2011 "Foundations of Ethical Decision Making," "Human Trafficking: Just Under the Radar," "Organizational Ethics" ~ National Association of Social Workers Pennsylvania Chapter

November 7, 2008 "Understanding Sexual Offenders" ~ Dr. Veronique Valliere

November 8, 2008 "The King, The Crook, and The Con" ~ Dr. Veronique Valliere

August 1, 2008 "Psychopharmacology Update for Experienced Therapists" ~ J&K Seminars, LLC

July 31, 2008	“Ethics and Risk Management for Experienced Therapists” ~ J&K Seminars, LLC
June 25-27, 2008	“Basic Mediation Training” ~ Montgomery County Mediation Center
June 11, 2008	“Managing High Conflict Client Situations” ~ Leadership Seminars
May 23, 2008	“Drama and Manipulation as a Therapeutic Tool” ~ Valley Youth House
April 19, 2007	“The Impact of Childhood Adversity on Health” ~ Marywood University
April 12, 2007	“Civil Justice for Victims of Crime in Pennsylvania” ~ Marywood University
(Various) 2006-2007	“Towards Sanctuary: Introduction to the Treatment of Trauma and the Creation of Trauma Informed Systems” ~ Bryn Mawr Graduate School of Social Work and Social Policy
January 22-26, 2007	“San Diego International Conference on Child Abuse and Family Maltreatment” ~ Chadwick Center for Children and Families and Rady Children’s Hospital
October 25, 2006	“Casework with Offending and Non-Offending Parents” ~ Lehigh County Office of Children and Youth Services
March 14-17, 2006	“The Twenty-Second National Symposium on Child Sexual Abuse” ~ National Child Advocacy Center
November 18, 2005	“Improving Outcomes for Children in High Conflict Custody Situations” ~ Project Child
October 3-6, 2005	“Mid-Atlantic Conference on Child Abuse and Neglect” ~ Maryland Children’s Alliance
September 7, 2005	“Pennsylvania Megan’s Law” ~ Lehigh County Office of Children and Youth Services
(Bi-monthly) 2002-2004	“Family Based Therapy – Techniques, Issues, and Clinical Supervision” ~ Philadelphia Child and Family Therapy Training Institute, Inc.
(Various) 2001-2002	“KidsPeace New Employee Orientation”, “Supervisors’ Workshop”, “Group Process Training”, etc. ~ KidsPeace National Centers
April 13-16, 2001	“The Seventeenth National Symposium on Child Sexual Abuse” ~ National Child Advocacy Center
November 14, 2000	“Healing Children’s Grief” ~ Marywood University

May 15-19, 2000	“National Community Crisis Response Team Training” ~ Network of Victim Assistance in conjunction with the National Organization for Victim Assistance
April 18, 2000	“Oil on Troubled Water: Calming the Seas of Violence for our Young People” ~ Project Child
March 31, 2000	“Memory and Suggestibility in Child Victims of Sexual Abuse” ~ Marywood University
December 3, 1999	“Play Therapy Techniques” ~ Network of Victim Assistance
November 11, 1999	“Healing the Bereaved Child: A Growth Oriented Approach to Caregiving” ~ Connell Funeral Home
September 29, 1999	“Children Are Our Business Breakfast with David Pelzer” ~ Network of Victim Assistance
September 23, 1999	“Legal Advocate Training On Medical and Legal Issues in Cases of Child Sexual Abuse” ~ Pennsylvania Coalition against Rape
August 27, 1999	“STOP Violence against Women Training” ~ Pennsylvania Coalition against Domestic Violence
August 24, 1999	“Let’s Talk About Kids: A Discussion of Children and Trauma” ~ Pennsylvania Commission on Crime and Delinquency
June 14-24, 1999	“Domestic Violence Advocate Training” ~ Turning Point
May 12, 1999	“Working with Complex Posttraumatic Stress Disorder - The Results of Trauma” ~ Grand Rounds Continuing Medical Education Seminars
November 18-20, 1998	“Building Bridges for Victims: A Collaboration between Victim Services and Mental Health Providers” ~ Pennsylvania Commission on Crime and Delinquency
September 8-18, 1998	“Sexual Assault Counselor Training” ~ Crime Victims Council of the Lehigh Valley

PUBLICATIONS

Date	Name
May 2001	“Going to Court: A Coloring Book for Kids” (uncredited author)

PRESENTATIONS

- “Co-parent Counseling: A Therapeutic Model to Strengthen Families” (2014, Berks County Bar Association, MCLE Seminar Speaker)
- “Safe Sanctuary: Policy Update for Volunteers and Staff” (2012)
- “Custody Issues: Impact on Treatment” (2011)
- “Attachment” (2007)

- “Elements of Communication: Client Engagement Part I” (2007, co-created and co-facilitated with Valerie Rode, Training Coordinator for Lehigh County Office of Children and Youth Services)
- “The Skills of Helping: Client Engagement Part II” (2007, co-created and co-facilitated with Valerie Rode, Training Coordinator for Lehigh County Office of Children and Youth Services)
- “Stages of Change: Client Engagement Part III” (2007, co-created and co-facilitated with Valerie Rode, Training Coordinator for Lehigh County Office of Children and Youth Services)
- “The Effects of Trauma and Abuse: Client Engagement Part IV” (2007, co-created and co-facilitated with Valerie Rode, Training Coordinator for Lehigh County Office of Children and Youth Services)
- “Cultural Competence: Client Engagement Part V” (2007, co-created and co-facilitated with Valerie Rode, Training Coordinator for Lehigh County Office of Children and Youth Services)
- “Frameworks for Family Functioning: Client Engagement Part VI” (2007, co-created and co-facilitated with Valerie Rode, Training Coordinator for Lehigh County Office of Children and Youth Services)
- “Therapy with Sexually Abused Children: Understanding Why It Matters” (2006)
- “Child Sexual Abuse” (2000)