



Services Offered

All of our services at A New Dawn Family Solutions, LLC, are child focused. Whether your child is involved in therapy with us or not, we believe that helping families function better only benefits their children. If you are an adult engaged in outpatient therapy, we will help you interact with others in your environment in the healthiest way that you can.

Co-parent Counseling:

Co-parent counseling helps provide both parents the opportunity to learn how to better co-parent through cooperation, communication, compromise, and consistency. Co-parent counseling can be court ordered or by agreement by the parties. After divorce or separation, couples may need to process issues that interfere with their ability to interact with the other in a respectful way that addresses their child(ren)'s needs. Problems that existed with communication in the relationship may carry over after the relationship ends. However, stress between parents impacts children living in the middle. Co-parent counseling aims to reduce that stress and improve family functioning, even if that family has two homes

Monitored Exchange:

Custodial exchanges can be supervised by staff. The custodial parent/guardian brings the child(ren) to the office. The visiting parent/guardian then picks up and returns the child at a prearranged time.

On and Off Site Supervised Visits:

Visits are held at the office and are closely monitored. The court may arrange to have visits held in the community, but this may only occur after a period of visits at our facility. Staff will supervise all interaction closely and will redirect behavior or communication as necessary. The child's physical and emotional well-being is always the focus of the visit. Visits may be terminated if the child is distressed or if the visiting parent/guardian does not comply with expectations set forth prior to the visit. Staggered arrival and departure times are often arranged.

Outpatient Therapy:

Outpatient therapy helps provide a therapeutic level of care with the least amount of restriction. The therapy can be individual or group, structured or not. Traditional outpatient therapy is individual or family sessions with a therapist at our office. Goals and objectives for therapy will be discussed and agreed upon based on the needs of the individual and/or family contracting for service.

Reunification Counseling

Reunification counseling is aimed at helping a parent and child reestablish a relationship after a period of separation or trauma. Therapy is aimed at identifying and processing issues that have occurred as a result of or leading up to the lack of contact. Reunification therapy is child focused and helps the parent understand their child's needs for an ongoing, healthy relationship.

Therapeutic Visits:

Therapeutic visits help by allowing parents in high conflict or high risk situations access their children in a safe and supervised environment with a licensed mental health professional. Supervised visitation is used to protect children from potentially dangerous situations while allowing parental access with support for the parent-child relationship.